



# POVERTY SIMULATION

The Poverty Simulation is an enlightening interactive experience that helps individuals begin to understand what life is like with a shortage of money and an abundance of stress. It moves people to think about the harsh realities of poverty and to talk about how communities can address the problem collectively.

Most people living in poverty face multiple challenges every day. They often ask themselves: how will I pay for gas to get to work? Can I afford both medicine and food this month? How will I stretch my limited income to pay for rent and child care this month? What will I do if someone gets sick or my car breaks down?

Often, poverty and hunger lead to increased emotional and financial stress, increased risk of illness, poor school performance by children, poor productivity by working adults, and ultimately a cycle of crisis that can seem impossible to overcome.

The Missouri Community Action Poverty Simulation is designed to help people gain a better understanding of the kinds of situations 947,000 Missourians find themselves in every day. We are currently scheduling dates for local simulations. Please contact Kay Mead to schedule your local poverty simulation by calling 417-256-6147 or via email at [kmead@oaiwp.org](mailto:kmead@oaiwp.org).